

Canning Swim School Parent & Baby Program

Welcome to the Canning Swim School Parent and Baby program.

Enjoyable and positive early learning experiences will lead to your child's lifelong love of water! Our dedicated and experienced staff will gently guide you and your baby through a memorable 30 minute class. A strong emphasis is placed on ensuring you are instructed on how to be water wise and safe in and around the water. Take the time to enjoy your child's first aquatic experience in the warm, soothing water!

About the program

The infant aquatic program is aimed to provide a balanced and comprehensive aquatic experience. Our teachers will allow both parents/carers and infants the opportunity to share in the pleasures that only water can bring. Parents/carers will be educated through activities that develop water familiarisation, exploration and most importantly water safety skills. Skills are introduced gradually and are never forced on crying babies. Infants acquire skills at their own rate and are never pushed beyond their ability. Happy, confident babies are the rule!

This program is committed to facilitating lifelong swimming skills. Our classes focus on all aspects of water safety:

Supervise: always keep watch of your child and be within arm's reach around water

Prevent: your child's unsupervised access to water at all times

Learn: teach your child to be water confident. Swimming lessons do not replace supervision. They provide essential skills which may prevent your child from drowning.

Respond: learn CPR, call 000 in an emergency

Helpful hints

- Please wait for instructions from your teacher before entering and exiting the water
- For classes in the Riverton Leisureplex Program Pool, access to the Wellness Suite is allowed 10 minutes prior to your lesson, which allows time to change your baby
- We do not recommend feeding your baby immediately prior to your swimming lesson
- Health regulations prevent babies from entering the spa due to high water temperatures
- Swimwear can be a swim nappy or bathers that are tightly fitting around the leg. Suitable swimwear is available to purchase from main reception
- Please do not remove swimwear in the water. Always dispose of wet nappies in the bins provided
- If a toileting accident occurs, infants should be immediately removed from the water and thoroughly washed before returning to their lesson
- Please do not swim if your baby is unwell
- Your teacher will educate you on the safe practices of submersions. Please do not continually submerge your infant. Submersions are only done when an infant shows signs of "readiness"

- Praise your infant for attempting a task even if the task was not performed perfectly. This will boost their confidence and encourage trying new activities
- During Safety Week you get the chance to practice water safety skills with your baby
- **Most importantly, have fun and enjoy your swimming lessons!**

Communications

Please speak with your teacher regarding any issues during the term. You can also phone 1300 422 664 or email canning.swimschool@canning.wa.gov.au. You will receive an email confirmation of your swimming lesson enrolment.

Hygiene and appropriate swimwear

- All Swim School participants must wear appropriate swimwear
- Babies and toddlers who are not toilet trained are to wear a swimming nappy and baby swim pants with an elasticised leg to avoid any accidents
- Participants who are menstruating are to wear suitable products for swimming

Contact us

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