

Hillview Hub

INTERCULTURAL COMMUNITY CENTRE



CITY OF
CANNING

TERM 2 2022



The Hillview Intercultural Community Centre

The Hillview Intercultural Community Centre's vision is to enable our diverse community to thrive through creating a place where people from all backgrounds can come together to connect with each other, share their culture, learn new skills and access opportunities that help them to reach their potential.

Canning is one of WA's most culturally diverse local government areas.

- 50.2% of residents were born overseas.
- 39.7% speak a language other than English at home.
- 30% of overseas born have lived in Australia for less than five years.

Bentley is one of our most diverse suburbs, with 61% born overseas and 55% speaking a language other than English at home.

The Centre delivers on the City of Canning's Learning City Strategy. In line with the UNESCO Learning City model, activities in this program are categorised based on the four pillars of learning:

LEARNING TO LIVE TOGETHER - build new connections, participate in intercultural experiences and get involved in community projects.

LEARNING TO KNOW - build your knowledge and skills in a range of areas and feed your passion for lifelong learning.

LEARNING TO DO - nurture your leadership skills, discover new talents, explore entrepreneurship and enhance your employability.

LEARNING TO BE - invest in your health, well-being and personal development.

This program is current as of April 2022. An up to date listing of events and programs can also be found at canning.wa.gov.au/hillviewhub

Open Hours:

Monday	9.30am-5pm
Tuesday	9.30am-5pm
Wednesday	9.30am-5pm
Thursday	9.30am-7pm
Friday	9.30am-5pm
Saturday	Closed
Sunday	Closed

Bookings without staff support from 7am-10pm, 7 days a week.
No amplified sound after 9pm.

Regular Programs Overview

Please see detailed program information included in this brochure.

Day	Program Title	Program Times	Frequency	Dates
Tuesday	Conversational English	10am-12pm	Weekly	26 April - 28 Jun
	Community Mentoring Project for Women	10am-12pm	Fortnightly	26 Apr - 21 Jun
	Nutrition Workshops	1pm-2:30pm	Weekly	17 May - 28 Jun
	FOMO LAB	3.30pm-5.30pm	Monthly	17 May, 14 Jun
	SMB Spotlight Series	7pm-8.30pm	Bi-monthly	21 Jun
Wednesday	ABCD English	9.45am-11am	Weekly	4 May - 29 Jun
	inspire me®	10am-2pm	Weekly	4 May - 29 Jun
	Multicultural / Intercultural Dance Classes	6.30pm-8.30pm	Weekly	18 May - 29 Jun
Thursday	Building a Successful Food Business	9.30am-12.30pm	3 sessions	26 May, 2 Jun, 9 Jun
	Fermentation Workshops & Cooking Classes	10am-12pm	Fortnightly	5 May - 14 Jul
	Russian language classes	3:30pm-5:30pm	Weekly	28 Apr - 30 Jun
	WOWS Multicultural Choir	6.30pm-9.30pm	Weekly	5 May - 30 Jun
Friday	Chai Time Women's Connect	9:30-11:30am	Fortnightly	6 May - 17 Jun
	Upcycling Dressmaking with a sustainability focus	9.30am-12pm	Weekly	6 May - 10 Jun
	Bilingual Storytime	10.30am-11.30am	Fortnightly	6 May, 20 May, 3 Jun, 17 Jun, 1 Jul
Saturday	Emotional, and Mental Health wellbeing camp	10am-1.30pm	Quarterly	4 Jun
Sunday	Bollywood dancing	10.30am-11.30am	Fortnightly	1 May - 26 Jun
	Noongar Language classes	10am-11am	Monthly	7 May, 11 Jun, 9 Jul

LEARNING TO BE

Nutrition Workshops

Multipurpose Hall | *Wellbeing*

Join us for these FREE nutrition workshops centred around how you can take charge of your health with good nutrition!

Each week we will cover a different topic so feel free to join in all 6 workshops, or pick and choose the workshops that interest you. Bookings are required.

Sessions are delivered by qualified, local nutritionist, Carrie Reedy. Carrie takes a Functional Nutrition approach to healthcare to identify and address the underlying imbalances in the body which often contribute to the signs and symptoms of dysfunction. You can find out more about Carrie by going to: cariereedy.com/

Tuesdays | weekly | 1pm-2.30pm | 17 May - 28 Jun | FREE

To Register: canninglibraries.eventbrite.com

E: Library.services@canning.wa.gov.au

T: 9231 0944

Chai Time Women's Connect

Bardip Mia (Art Room) | *Wellbeing*

Create connection and build confidence over tea and conversations with newly migrant, refugee and/or asylum seeker women and learn about community health education, opportunities to enhance wellbeing, foster creativity and increase your sense of purpose in the community.

Fridays | fortnightly | 9.30am-11.30am | 6 May - 17 Jun | FREE

The Reed Collective

To Register:

T: Hajera 0425 221 986

W: reedcollective.com

Emotional, and Mental Health wellbeing camp

Multipurpose Hall | *Wellbeing*

Immerse yourself in a free emotional health and mental wellbeing camp that includes yoga, mindfulness, psychiatric and Ayurveda Question and Answer sessions, a motivational seminar, vegetarian lunch and networking.

Saturday | quarterly | 10am-1.30pm | 4 Jun | FREE

To Register: contact Hindu Council of Australia

T: Sadhana 0406 541 086

Community Mentoring Project for Women

Danjoo Mia (Collab space) | *Wellbeing*

Build social contacts and foster confidence with other ethnically diverse women who may feel socially isolated. Each session will include an activity such as handcrafts and informative talks on women's health. A safe space for women to connect with each other and flourish in their communities.

Tuesdays | fortnightly | 10am-12pm | 26 Apr - 21 Jun | FREE

To Register: contact Ethnic Communities Council of WA

T: Sharan 9227 5322

Fermentation Workshops & Cooking Classes

Kitchen and Bardip Mia (Art Room) | *Food/Cooking*

Clean living for wellbeing, join our functional food workshops. Discover, and taste the goodness of probiotics. Learn to improve your health and wellness.

Thursdays | fortnightly | 10am-12pm | 5 May - 14 Jul | FREE

To Register: eventbrite.com.au/e/311699610927

T: Sedikwe 0425 849 272

The Well health and wellness

facebook.com/thewellhealthandwellness



LEARNING TO DO

Building a Successful Food Business

Kaartij Mia (Training Room) | *Business/Enterprise*

Are you a migrant woman? Do you have an idea for a food business? Whether your specialty is a traditional dish that your friends and family adore, or you love to whip up a feast for your local community, there is nothing like freshly made food to draw a crowd in! If you're a talented cook, your skills could be the gateway to starting your own business, which has the potential to allow you to work from home. This program will give you the steps, advice and confidence to turn your idea into a profitable food business.

Thursdays | weekly (3 sessions) | 26 May, 2 Jun, 9 Jun

9.30am-12.30pm | FREE

To Register: <https://businessfoundations.com.au/course/building-a-successful-food-business/>

T: Rosemine 0479 186 462

Migrant Women Job Readiness Workshop

Kaartij Mia (Training Room) | *Business/Enterprise*

Kaleidoscope's Job Readiness Workshop Series for Migrant Women will boost your employability skills and confidence in job seeking. The Migrant Women Job Readiness Workshops help migrant women overcome barriers that prevent them from securing jobs or progressing their careers in WA. Workshop topics include: developing your networking skills, developing a career strategy, resumes, cover letters, interview skills, Australian workplace culture, LinkedIn for job searching, wellness, family and work planning.

Daily | 9 - 13 May | 9am-2.30pm | FREE

To Register: <https://bit.ly/KJRWSFMW>

For more information and full eligibility criteria visit kaleidoscopeinitiative.com.au/mwj

SMB Spotlight Series

Multipurpose Hall | *Business/Enterprise*

- Best Practices: Insights and best practices for SMBs
- Business Expansion: Advice on business expansion
- Business Support: Information on grants & incentives available

Tuesdays | bi-monthly | 21 Jun | 7pm-8.30pm | FREE

To Register: wasbc.org.au/events/#!calendar

WA-Singapore Business Council (WASBC)

T: Terrence 0408 104 956

Upcycling Dressmaking with a sustainability focus - Create NEW out of OLD

Kaartij Mia (Training Room) | *Creative*

Bardip Mia (Art Room) 13 May | *Creative*

Learn the appropriate construction techniques and pattern making principles that are essential to creating your own designs with sustainable practices. This a great way to learn the tricks of the trade for personal or family and community needs. *Every day is a fashion show and the world is the runway.* - Coco Chanel

Fridays | weekly | 6 May - 10 Jun | 9.30am-12pm | FREE

To Register: <https://bit.ly/39diIXB>

T: Shamsa 0433 996 930

New participants only. (Term 1 participants - contact Shamsa).



Discover Diaries

Hillview Intercultural Community Centre

14 - 17 June

Join us at Hillview Intercultural Community Centre to build a new connection, immerse in intercultural experiences and embrace the new intercultural community centre.

Find out more at canning.wa.gov.au/hillviewhub



Scan here



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LEARNING TO KNOW

ABCD English

Multipurpose Hall | *English Class*

Improve and practice you and your child's English before they start kindergarten at ABCD English!

Through a range of guided activities, using talking, singing, reading and play, these sessions help develop confidence and language skills in young children who are new to speaking in English.

Wednesdays | weekly | 4 May – 29 Jun | 9.45am-11am | FREE

To Register: canning.wa.gov.au/ABCDEngish

City of Canning Libraries

E: Library.services@canning.wa.gov.au

T: 9231 0944

Bilingual Storytime

Multipurpose Hall | *English Class*

Let's celebrate the many cultures we have in City of Canning!

Join our volunteers in Bilingual Storytime – a session presented in English and another language. Filled with Rhymes, Stories and an interactive activity. This is aimed at children aged 3-5 and their families.

Each session will feature a different language and is a fun way build on early literacy skills and to explore and learn about other cultures.

Fridays | fortnightly | 6 May, 20 May, 3 Jun, 17 Jun, 1 Jul

10.30am-11.30am | FREE

To Register: canning.wa.gov.au/bilingual-storytime
or contact City of Canning Libraries

E: Library.services@canning.wa.gov.au

T: 9231 0944

Conversational English

Multipurpose Hall | *English Class*

This conversational english class is open to the community during unstructured times in the main hall.

Tuesdays | weekly | 26 Apr - 28 Jun | 10am-12pm | FREE

To Register: contact Wilson Christian Church

T: Tasma 0448 097 861

Digital Literacy

Computer Lab | *Digital Literacy*

Canning Libraries is working with Youngster.co on a new program that connects older persons with tech savvy young people to provide 1-on-1 help to get connected online. This exciting social enterprise gives young people the opportunity to gain paid work experience, build confidence and life skills, while helping older persons learn digital skills and connect to the community.

Various dates | FREE

To Register: Youngster.co or contact City of Canning Libraries

E: Library.services@canning.wa.gov.au

T: 9231 0944



FOMO LAB

Kaartij Mia (Training Room) | *Life skills/education*

Never fear, FOMO Lab is here! Get creative experiment and never miss out on new technology at this have-a-go workshop.

There are lots of different STEAM (Science, Technology, Engineering, Art and Maths) activities to choose from – try your hand at coding a robot, 3D printing, exploring some VR worlds or crafting something amazing.

Featuring Nao robot, Nintendo Labo, Sphero, LittleBits, 3Doodler, UP mini, Kano Harry Potter coding wand... and more! These sessions are all about exploration, innovation and creativity, no prior knowledge of technology is needed!

**Tuesdays | monthly (2 sessions) | 17 May, 14 Jun | 3.30pm-5.30pm
FREE**

To Register: canningyouthevents.eventbrite.com

City of Canning Libraries

E: Library.services@canning.wa.gov.au

T: 9231 0944

inspire me®

Computer Lab | *Digital Literacy*

inspire me® Digital Literacy Course for Employability Skills.
FREE Course for eligible refugees and migrants who arrived in Australia in the last 5 years.

Participants who wish to join online are asked to attend an intake & assessment interview to ensure that online training is suitable, with ongoing support. We also have a limited number of laptops to loan.

Wednesdays | weekly | 4 May – 29 Jun | 10am-2pm | FREE (for eligible clients)

To Register inspireme.org.au

E: teresa.z@multiculturalfuture.org.au

T: 0409 417 466

WOWS Multicultural Choir and Music Group Rehearsals

Multipurpose Hall | *Intercultural Experience*

Join WOWS Choir and Music Group to enjoy singing and learn cultural songs from all over the world that are from different cultures, countries and languages along with live instruments at WOWS Choirs and Music Group Rehearsal. Its a good place to make new friends with the people from diverse communities through music. Music is good for overall mental and physical health and for social connections.

Thursdays | weekly | 5 May – 30 Jun | 6.30pm–9.30pm | FREE
T: Filiz 0417 684 257



LEARNING TO LIVE TOGETHER

Noongar language classes

Bardip Mia (Art room) | *Language Class*

Come and join us for our fabulous Noongar language classes hosted by Marie Taylor, a Traditional Owner and Elder of Noongar Country. Marie has a wealth of knowledge and is an emotive storyteller who brings the language of the Noongar people to life.

This is a great opportunity for beginners to learn the language of the first people of South Western Australia. Come and expand your knowledge, try a new language and connect with local culture.

Saturdays | monthly | 7 May, 11 Jun, 9 Jul | 10-11am | FREE

To Register: [eventbrite.com.au/o/canning-libraries-8254682107](https://www.eventbrite.com.au/o/canning-libraries-8254682107)

E: Library.services@canning.wa.gov.au

T: 92310944

Ubusabane Celebration – Women Together

Multipurpose Hall & Kitchen | *Intercultural Experience*

Women of all ages & backgrounds are invited to come along to connect, learn and share with others. Come and be treated to a traditional Rwandan meal and entertainment.

Sat 25 June | 5.30–8.30pm | FREE

To Register: [ubusabane22.eventbrite.com.au](https://www.eventbrite.com.au/ubusabane22)

E: rwandan.perth@gmail.com

Bollywood dancing

Multipurpose Hall | *Intercultural Experience*

Bollywood dance includes hand movements, neck and head movements, facial expressions, foot movements, and costumes. Each of these elements combine to create a fusion of dance and theatre. Explore a new culture through its unique dance style!

Sundays | fortnightly | 1 May - 26 Jun | 10.30-11.30am | FREE

To Register: contact Federation of Indian Associations of WA Inc.

T: 0421 456 200, 0406 115 512

Russian language classes

Bardip Mia (Art Room) | *Language Class*

Regular language classes - Russian classes and other languages depending on requests.

Thursdays | weekly | 28 Apr - 30 Jun | 3.30-5.30pm | FREE

To Register: contact Cultural Learning Centre Mosaica Inc.

T: Luda 0414 701 152



We are Many, But We are One!

Multipurpose Hall | *Intercultural Experience*

Khalsa Club invites you to come and join the Wadumbah Aboriginal Dance Group as we immerse ourselves in a celebration of culture through storytelling and dances, highlighting our uniqueness and commonalities.

Monday | one-off | 6 Jun | 2-5pm | \$25 per head

Concession, Seniors, Children 2-12, and Khalsa Club Members: \$20 per head. FREE: Children under 2 years. No ticket sales at door.

To Register:

E: Khalsaclubwa@outlook.com T: Ninder 0438 931 357

Multicultural / Intercultural Dance Classes

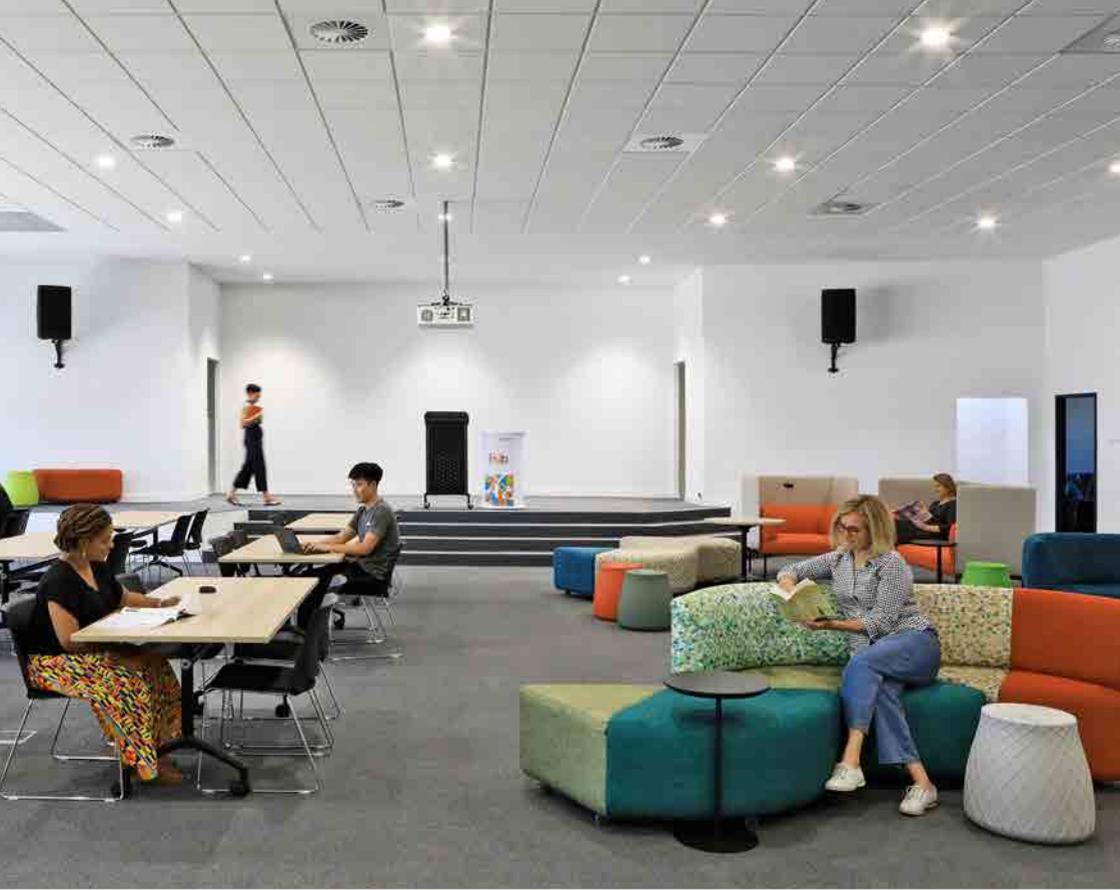
Kaartij Mia (Training Room) | *Intercultural Experience*

We will showcase, teach folk, traditional and modern dances from different cultures and countries and create a diverse dance group.

Wednesdays | weekly | 18 May – 29 Jun | 6.30–8.30pm | FREE

T: Filiz 0417 684 257





Multipurpose Hall

The main hall is a chameleon space which changes from active programming areas, utilised for the delivery of a wide range of community workshops to passive relaxing areas where you can interact with friends or groups.

This comfortable area includes a range of lounge and modular seating, workspaces and tables. During unprogrammed times this space is available for everyone to use, please see the centres weekly schedule posted in the centre for unstructured times. Alternatively this information will be made available at **canning.wa.gov.au/hillviewhub**



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1-3 Hill View Place, Bentley

Alternative versions of this document can be made available on request, including languages other than English.

Hillview Intercultural Community Centre Team
P 08 9461 7186 | E hillviewhub@canning.wa.gov.au

This brochure has been printed on 100% recycled paper.

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**To book a space,
visit spacetoco.com/host/hicc**

lotterywest



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