

Hillview Hub

INTERCULTURAL COMMUNITY CENTRE



CITY OF
CANNING

TERM 2 2024

MON 15 APR – FRI 28 JUN



Build intercultural connection.

Share harmony, peace and prosperity.

Strengthen inclusion.

The Hillview Intercultural Community Centre

The Hillview Intercultural Community Centre’s vision is to enable our diverse community to thrive through creating a place where people from all backgrounds can come together to connect with each other, share their culture, learn new skills, and access opportunities that help them to reach their potential.

Canning is one of WA’s most culturally diverse local government areas with 50.9% of residents born overseas and 42.8% speaking a language other than English at home. Additionally, 22% of overseas born residents have lived in Australia for less than five years.

Bentley is one of our most diverse suburbs, with 63.1% born overseas and 45.2% speaking a language other than English at home.

The Centre delivers on the City of Canning’s Learning City Strategy. In line with the UNESCO Learning City model, activities in this program are categorised based on the four pillars of learning:

LEARNING TO BE	Invest in your health, wellbeing and personal development.
LEARNING TO DO	Nurture your leadership skills, discover new talents, explore entrepreneurship and enhance your employability.
LEARNING TO KNOW	Build your knowledge and skills in a range of areas and feed your passion for lifelong learning.
LEARNING TO LIVE TOGETHER	Build new connections, participate in intercultural experiences and get involved in community projects.

This program is current as of April 2024. An up-to-date listing of events and programs can also be found at canning.wa.gov.au/hillviewhub

Open Hours:

Monday 9.30am–5pm

Tuesday 9.30am–5pm

Wednesday 9.30am–5pm

Thursday 9.30am–5pm

Friday 9.30am–5pm

Saturday Closed

Sunday Closed

Bookings without staff support from 7am–10pm, 7 days a week.

No amplified sound after 9pm.

What's Happening This Term at Hillview

Please see detailed program information included in this brochure.

	Program Title	Program Times	Frequency	Dates	Page	
MONDAY	Let's Cook with Love!	1pm - 4.30pm	Weekly	15 Apr - 24 Jun	7	
	Towards the Light	10am - 12.30pm	Weekly	20 May - 24 Jun	8	
	Groove Tribe Music Sessions	6pm - 7.30pm	Fortnightly	29 Apr - 24 Jun	18	
	Efficient Desktop File Organization	10am - 12pm	One-off	6 May	19	
	Hats and Boots	6.30pm - 7.30pm	Weekly	15 Apr - 24 Jun	13	
TUESDAY	Free Educational Courses (WA Recovery College)	1pm - 5pm	Weekly	29 Apr - 5 Jun	7	
	Conversational English	10am - 11.45am	Weekly	16 Apr - 25 Jun	19	
	NDIS Drop-In Sessions	12.30pm - 2.30pm	Monthly	7 May and 4 Jun	20	
WEDNESDAY	Russian Conversation Classes	5pm - 6pm	Weekly	16 Apr - 25 Jun	28	
	Free Educational Courses (WA Recovery College)	1pm - 5pm	Weekly	29 Apr - 5 Jun	7	
	Sharing Values for Betterment Workshop	2.30pm - 3.30pm	Monthly	24 Apr and 26 Jun	8	
	Let's talk about Dementia (English and Mandarin Speaking session)	10am - 11.30am	One-Off	19 Jun	9	
	Grandcare Support Group	10am - 12pm	Monthly	17 Apr, 1 May, 5 Jun	9	
	Australian Citizenship Workshops	10am - 11.30am	Weekly	17 Apr - 26 Jun	21	
	Deaf and Hard of Hearing Dance Class	6pm - 7pm	Weekly	17 Apr - 26 Jun	26	
	Taste of Traditions	6pm - 8pm	Monthly	24 Apr - 17 July	27	
	Canning Multicultural Women's Group	10am - 12pm	Fortnightly	17 Apr - 26 Jun	27	
	Hillview Community Dialogue Series	6pm - 8pm	Quarterly	29 May	28	
	Sewing with Love Series	9.30pm - 12.30pm	Various Dates	17 April - 8 May	30	
	THURSDAY	CaLD Women's Support Group	10am - 11.30am	Weekly	18 Apr - 27 Jun	10
		In-Person Peer Support for Carers	10am - 12pm	Weekly	18 Apr - 27 Jun	10
Heart Support Australia - Peer Support Group		6pm - 7pm	Monthly	16 May and Jun 20	11	
Poetry Writing Group Workshops		6pm - 8pm	Fortnightly	9 May - 20 Jun	14	
Fermentation Workshops and Cooking Classes		10.30am - 12.30pm	Monthly	9 May and 13 Jun	15	
Social Coding		5pm - 7pm	Fortnightly	18 Apr - 27 Jun	21	
Mahjong		1.30pm - 4pm	Weekly	18 Apr - 27 Jun	22	
"Inspire Me" Digital Literacy Course for Employability Skills		10am - 2pm	Weekly	18 Apr - 27 Jun	22	
Senior Dance Development (Mandarin)		1.30pm - 4pm	Weekly	18 Apr - 27 Jun	23	
2024 IDAHOBIT Social Inclusion Forum		2pm - 5.30pm	One-off	16 May	29	
Voices of World Ensemble	6pm - 8pm	Weekly	18 Apr - 27 Jun	29		

	Program Title	Program Times	Frequency	Dates	Page
FRIDAY	Free Educational Courses (WA Recovery College)	1pm - 5pm	Weekly	29 Apr - 5 June	7
	Reach her creative and wellbeing program	10am - 12pm	Fortnightly	26 Apr - 21 Jun	15
	Walk-in Workshops - Sewing, Handicraft and Making Something Amazing	12.30pm - 3.30pm	Monthly	19 Apr, 17 May and 21 Jun	16
	IELTS English Exam Classes	2.30pm - 4.30pm	Weekly	19 Apr - 28 Jun	23
	People Helping People: New Year - New You 2024 Series	10am - 1pm	Weekly	19 Apr - 28 Jun	30
SATURDAY	Indigenous Sneakers Lab	10am - 11.30am	One-off	21 Jun	25
	Blooming Hearts	5pm - 8.30pm	Fortnightly	4 May - 15 Jun	12
	Noongar Language and Cultural Class for Adult Beginners	10am - 11am	Monthly	11 May and 8 Jun	14
	Ayurveda Mindful Cooking Class: Taster Session	10.30am - 12.30pm	One-off	15 Jun	16
	Hands-on Resume Writing: Tips and Tricks	10am - 12.30pm	One-off	13 April	20
	The Hero Within	3pm - 4.30pm	Monthly	27 Apr and 1 Jun	24
	Community Financial Skills 101	3pm - 4.30pm	Fortnightly	8 Jun - 22 Jun	18
	Learning Thai with Kru AUD (formerly Thai Language School of Perth)	11am - 1pm	One-off	18 May	17
	Networking Extravaganza	12pm - 2pm	One-off	29 Jun	17
	SUNDAY	Heartfelt Connections: Eritrean Seniors Women's Group	1pm - 3.30pm	Monthly	28 Apr and 26 May
Wellness Cafe - Wellbeing Workshop		9.30am - 12.30pm	Monthly	12 May and 2 Jun	12
Youth Dance Group		3pm - 4pm	Weekly	21 Apr - 26 May	24
Turkish Language School for Children		9.30am - 11.30am	Weekly	21 Apr - 23 Jun	26
Celebrating the richness of Nepali culture		4pm - 6pm	One-off	23 Jun	31
Bollywood Fitness Dancing Classes		11am - 12pm	Fortnightly	21 Apr - 16 Jun	31
Young Onset Dementia Music Workshop		10am - 12pm	One-off	26 May	32
Ireland A celebration of Irish Culture		4pm - 6pm	One-off	21 Apr	33
Somali Language Classes		5pm - 7pm	Weekly	21 Apr - 23 Jun	33
KUPONYA: Culturally Guided Healing	1.15pm - 4.15pm	3-part series	14 Apr, 12 May, 9 Jun	32	



DVDs - non-English languages



**Transcend cultural differences,
foster empathy and break down
barriers in our community.**

LEARNING TO BE

Let's Cook with Love!

Multipurpose Hall / Commercial Kitchen | *Wellbeing*

Cooking with Love group offer a delightful and inclusive culinary experience for NDIS participants. Focused on fostering independence, social interaction, and healthy living, this service brings participants together to explore the joys of cooking in a supportive environment.

Mondays | Weekly | 15 Apr - 24 Jun | 1pm - 4.30pm | FREE

To register

Aquila Care

W: aaquilacare.com.au/group-based-activities

T: 6249 7922 or 0451 282 910

E: info@aaquilacare.com.au

Free Educational Courses

Kaartij Mia (Training Room) | *Upskilling*

The WA Recovery College Alliance (WARCA), a state-wide educational institution offering free, short courses for community to explore ideas related to recovery, mental health, substance use, and other life challenges. Courses provide opportunities for self-directed growth and learning, fostering connections within the local community and opening pathways to further education and employment.

Mondays/Wednesdays/Fridays | Weekly | 29 Apr - 5 Jun | 1pm - 5pm | FREE

To register

WA Recovery College Alliance

T: 0436 666 9135 (Brenda)

E: info@warecoverycollege.org.au

Towards the Light

Bardip Mia (Art Room) | *Wellbeing*

Join our Towards the Light program every Monday, for Afghan women. Discover a supportive space focused on skill-building, mental health, and healthy relationships. Engage with expert guest speakers covering diverse topics, empowering you to become independent and self-sufficient. Take the first step towards personal and professional growth in a welcoming community. Your success is our priority.

Mondays | Weekly | 20 May – 24 Jun | 10am – 12.30pm | FREE

To register

AFG Young Leaders Inc

W: www.ceti.net.au

T: 0434 204 422 (Maria)

E: afg@ceti.net.au

Sharing Values for Betterment Workshop

Kaartij Mia (Training Room) | *Wellbeing*

We are faced with challenges and circumstances in our daily life. So how do we face them? Let us learn the method to deal with these situations in a positive and calm attitude. These Monthly workshops and meditation will teach the techniques of using the values and resilient powers to remain peaceful and unaffected by the internal and external factors.

Wednesdays | Monthly | 24 Apr and 26 Jun | 2.30pm – 3.30pm | FREE

To register

Brahma Kumaris Australia Huntingdale

W: <https://tinyurl.com/3n9ze99e>

T: 0451 875 748 (Raajen) / 0433 348 517 (Subraa)

E: huntingdale@au.brahmakumaris.org

Let's talk about Dementia (English and Mandarin Speaking session)

Multipurpose Hall | *Wellbeing*

Come join us for an informative event where we will discuss all things related to dementia. Whether you have a loved one affected by this condition or simply want to learn more, this is the perfect opportunity to ask questions and gain insights. Let's come together to raise awareness and support those impacted by dementia.

Wednesday | One-Off | 19 Jun | 10am - 11.30am | FREE

To register

ChungWah Community Care

W: <https://tinyurl.com/anwp92td>

T: 9328 3988

E: ken.liao@chungwahcc.org.au

Grandcare Support Group

Danjoo Mia (Collab Room) | *Wellbeing*

The Grandcare program connects and supports grandparent carers who have the full time, primary care of their grandchildren across Western Australia. Grandparent carers can gain a helping hand to ensure their family is healthy, happy, and safe. Grandcare can assist in connecting with other Grandcarers at Monthly support groups; understanding and accessing community resources and services available to them; gaining guidance regarding their role as carer; and accessing activities and other events for them and their grandchildren.

Wednesdays | Monthly | 17 Apr, 1 May, 5 Jun | 10am - 12pm | FREE

To register

Wanslea Ltd

W: wanslea.org.au/programs/grandcare

T: 1800 794 909

E: grandcare@wanslea.org.au

CaLD Women's Support Group

Bardip Mia (Art Room) | *Wellbeing*

This a FREE Weekly program for women from diverse ethnic background to come together and make meaningful connections in a safe and non-judgmental space. This program provides advocacy, support, assistance which aims to empower women through informative and trainings sessions ie. digital skills, women health, interpersonal development, financial literacy, accredited short courses and more.

Thursdays | Weekly | 18 Apr - 27 Jun | 10am - 11.30am | FREE

To register

Ethnic Communities Council of WA

T: 0433 998 281 (Anbumoly)

E: genesis@eccwa.org.au

In-Person Peer Support for Carers

Danjoo Mia (Collab Room) | *Wellbeing*

The In-Person Peer Support (IPPS) program is a space where carers come to share their experience of being an unpaid carer, learn from others and develop a supportive network. Carers that connect with their peers develop a sense of empowerment, understanding and reduce feelings of social isolation. Within these sessions, carers are encouraged to proactively develop self-care skills, build capacity, and share their experiences in a safe and supportive environment. *Please register with Carers WA to attend*

Thursdays | Weekly | 18 Apr - 27 Jun | 10am - 12pm | FREE

To register

Carers WA

W: carerswa.asn.au

T: 1300 227 377

E: IPPS@carerswa.asn.au

Heart Support Australia - Peer Support Group

Bardip Mia - (Art Room) | *Wellbeing*

Our peer support program derives from a new era of managing heart disease that empowers heart patients with improved self-esteem and confidence. The group provides a safe space to receive education, discuss concerns, share experiences, and increase social connectedness. This leads to improved physical and psychosocial health which means fewer hospital stays and less trips to the GP.

Thursdays | Monthly | May 16 and 20 Jun | 6pm - 7pm | FREE

To register

Heart Support Australia

W: <https://www.heartsupport.org.au/support/>

T: (02) 6253 0097

E: faybee66@yahoo.com.au

Heartfelt Connections: Eritrean Seniors Women's Group

Multipurpose Hall | *Wellbeing*

Experience a heartwarming gathering for Eritrean elderly women, dedicated to fostering connection and well-being. Our event aims to combat isolation and nurture a sense of belonging through socialization and community building. Engage in interactive sessions covering health, lifestyle, music, art, and the cherished Eritrean coffee ceremony

Sundays | Monthly | 28 Apr and 26 May | 1pm - 3.30pm | FREE

To register

Eritrean Community

T: 0423 916 913 (Mahfouza)

Blooming Hearts

Danjoo Mia (Collab Room) | *Social Connection*

Are you a young female aged 15-25 from a multicultural community? Come and engage in various activities such as interactive games, movie nights, and conversations related to issues young women might be facing. The purpose of the group is to provide a comfortable and safe environment in which you will be able to speak about personal issues and receive comfort and advice from peers.

Saturdays | Fortnightly | 4 May – 15 Jun | 5pm – 8.30pm | FREE

To register

T: 0410 161 765 Sarah

E: sarsul40@gmail.com

Wellness Café - Wellbeing Workshop

Multipurpose Hall | *Wellbeing*

Mental Health and Well Being with a guest speaker Dr. Charanjit S. Khaira. An interactive workshop providing information about the major mental illness and psychological disorders experienced by the wider community including cultural barriers. The aim is to help participants increase their level of awareness with issues related to mental health and wellbeing. Information will also be provided about effective referral pathways and mental health resources.

Sundays | Monthly | 12 May and 2 Jun | 9.30am – 12.30pm | FREE

To register

WA Multicultural Lions Club Inc

W: events.humanitix.com/wellness-cafe-workshop

T: 0419 923 650 (Mr. Rasalingam)

E: rasa@primus.com.au

Hats and Boots

Kaartij Mia (Training Room) | *Social Connection*

Join the 4 Wall Dance Revolution and unleash your inner dancer! No experience needed, just your enthusiasm and spirit. Groove to various genres of music in a dynamic, Lo-Hi impact atmosphere where musicality takes centre stage. Whether you're seeking a confidence boost or simply want to have fun, our inclusive environment welcomes all levels. Plus, as a special gesture, it's free for Breast Cancer Warriors! Come join the movement, dance your heart out, and celebrate life with us.

Mondays | Weekly | 15 Apr - 24 Jun | 6.30pm - 7.30pm | Ticketed

To register

T: 0435 727 553 (Maita) 0437 417 741 (Azil)

E: msmaitadelmar@gmail.com



LEARNING TO DO

Noongar Language and Cultural Class for Adult Beginners

Kaartij Mia (Training Room) | *Connection to Country*

Come and join us for our fabulous Noongar language classes hosted by Marie Taylor, a Traditional Owner and Elder of Noongar Country. Marie has a wealth of knowledge and is an emotive storyteller who brings the language of the Noongar people to life. This is a great opportunity for beginners to learn the language of the first people of South Western Australia. Come and expand your knowledge, try a new language, and connect with local culture.

Saturdays | Monthly | 11 May and 8 Jun | 10am – 11am | FREE

To register

W: [eventbrite.com.au/e/772648120327](https://www.eventbrite.com.au/e/772648120327)

T: 9231 0944

E: library.services@canning.wa.gov.au

Poetry Writing Group Workshops

Kaartij Mia (Training Room) | *Creative*

Poetry celebration writing program in which participants study and discuss poetic forms (e.g., haiku, sonnet) and devices (e.g., enjambment, sonics) before being encouraged to create and develop poems inspired by ideas, memories, research, and personal responses to prompts provided. Everyone's welcome at Poetry Lovers Perth's inclusive interactive in-person and online poetry workshops in which members support each other in developing our poetic gifts.

Thursdays | Fortnightly | 9 May – 20 Jun | 6pm – 8pm | FREE

To register

Poetry Lovers Perth

W: poetofjazz.com/poetry-lovers-perth/

R: <https://forms.gle/x5tttZWNuqHus8sLA>

E: jakedennis@hotmail.com

Fermentation Workshops and Cooking Classes

Multipurpose Hall | *Cooking*

Clean living for wellbeing. Join our functional food workshops. Discover the goodness of probiotics and improve your health and wellness.

Services

- Fermentation
- Sprouting workshops
- Cooking classes

Thursdays | Monthly | 9 May and 13 Jun | 10.30am - 12.30pm | FREE

To register

The Well

W: <https://www.facebook.com/thewellhw>

T: 0425 849 272 (Sedikwe)

E: hello@thewellhw.com.au

Reach her creative and wellbeing program

Bardip Mia (Art Room) | *Life Skills*

Reach Her Inc's programs exist to support and empower women from diverse backgrounds to improve their confidence, mental and physical wellbeing and help create a sense of belonging by helping them gain an entry into employment. Join us for a series of workshops ranging from creative art and cooking, business training and education and pre-employment for career pathways.

Fridays | Fortnightly | Fri 26 Apr - 21 Jun | 10am - 12pm | FREE

To register

Reach Her Inc.

W: tinyurl.com/ReachHer

T: 0414 312 079 (Maryanne Tsai)

E: info@reach-her.com

Walk-in Workshops - Sewing, Handicraft and Making Something Amazing

Kaartij Mia (Training Room) | *Life Skills/Education*

These workshops are designed to bring the community from all cultures and walks of life together to chat, learn, share, and connect. You can bring along your projects to work on, repair, alter, re-wear and repurpose, seek advice, learn or share with others, stories or craft from your culture. Remember, it is your Community Hub, and we all have something to share!

Fridays | Monthly | 19 Apr - 21 Jun | 12.30pm - 3.30pm | FREE

To register

W: <https://tinyurl.com/y3ubr4zn>

T: 0466 977 172 (Zuzana)

E: Shamsasadik1@gmail.com

Ayurveda Mindful Cooking Class: Taster Session

Multipurpose Hall | *Wellbeing*

Ayurveda, the science of life, is an ancient Indian practice of holistic health. Ayurveda cooking is a great way to promote much-needed changes in diet and lifestyle to improve health and well-being.

Come and learn about Ayurvedic principles and the choice of healthy ingredients for cooking. All participants can join in the dish preparation and tasting!

Saturday | One-off | 15 Jun | 10.30am - 12.30pm | Ticketed

To register

Ayurveda for Wellness

W: <https://tinyurl.com/4hrwax9z>

T: 0411 873 630 (Vidhu)

E: drvidhuwellnessmantra@gmail.com

Learning Thai with Kru AUD (formerly Thai Language School of Perth)

Multipurpose Hall | *Food*

“Virtual” Thai Programme

This year, we are proud to present a Virtual Thai programme to the local community in Western Australia. ‘Virtual’ in this case means, it is offered here in Perth; face to face and is not available on-line.

This programme will benefit people who have an interest in Thailand, Thai language, food, people, and culture. It is comprised of three parts, Thai cooking, fruit & vegetable carving, and Thai language, over a two-hour period.

Saturday | One-off | 18 May | 11am - 1pm | Ticketed

To register

Thai Language Centre of Perth

W: www.thailanguagecentreofperth.org

T: 0401 071 864 (Saowarak)

E: khunsaowarak@gmail.com

Networking Extravaganza

Multipurpose Hall | *Networking*

Join us for an exciting professional women networking event where the power of diversity and professional excellence converge. Connect with seasoned professionals who have made remarkable strides in their careers. Build valuable connections with women from diverse backgrounds. Let's empower each other and make lasting connections that will shape our futures. Don't miss out, remember, your network is your net worth.

Saturday | One-off | 29 Jun | 12pm - 2pm | FREE

To register

Professional Migrant Women Network

W: <https://form.jotform.com/240154100833846>

E: sobia@pmwn.net.au

LEARNING TO KNOW

Groove Tribe Music Sessions

Multipurpose Hall | *Social Connection*

Join us for a singalong session and have the opportunity to sing, dance and learn a few basic music skills. Music is our universal language and is so good for the soul! Creating inclusive communities and wellness through music. Come along and connect, express creativity and develop your musical skill set. People of all ages and musical abilities are welcome.

Mondays | Fortnightly | 29 Apr - 24 Jun | 6pm - 7.30pm | FREE

To register

Groove Tribe

W: form.jotform.com/233552127346050

T: 0414 500 720 (Colleen)

E: info.groovetribe@gmail.com

Community Financial Skills 101

Kaartij Mia (Training Room) | *Financial Literacy*

Join our free Youth Financial Literacy Workshop through Community empowerment conversations, knowledge exchanges and gatherings! This first workshop series focuses on banking, super and investment. Come along to a free community led workshop series and walk away with helpful insights.

Saturdays | Fortnightly | 8 Jun and 22 Jun | 3pm - 4.30pm | FREE

To register

Rwandan Community Abroad Inc.

W: facebook.com/RwandaCAP

T: 0479 149 272 (Linda Iriza)

E: rwandan.perth@gmail.com

Efficient Desktop File Organization

Computer Lab | *Digital Literacy*

Gain practical insights and skills to effectively organize your data and files on your desktops to improve productivity and efficiency.

Monday | One-Off | 6 May | 10am - 12pm | FREE

To register

City of Canning Libraries

W: www.eventbrite.com.au/e/849241081937

T: (08) 9231 0944

E: library.services@canning.wa.gov.au

Conversational English

Multipurpose Hall | *English Class*

This conversational English class is open to the community during unstructured times in the Multipurpose Hall. The classes have a focus on teaching functional English skills and provide plenty of opportunities for practice.

Tuesdays | Weekly | 16 Apr - 25 Jun | 10am - 11.45am | FREE

To register

Wilson Christian Church

T: 0448 097 861 (Tasma)



Hands-on Resume Writing: Tips and Tricks

Computer Lab | *Digital Literacy*

Learn to create effective resumes, highlight skills, tailor content, and format professionally for job applications.

Saturday | One-off | 13 Apr | 10am - 12.30pm | FREE

To register

City of Canning Libraries

W: www.eventbrite.com.au/e/849363758867

T: (08) 9231 0944

E: library.services@canning.wa.gov.au

NDIS Drop-in Session

Danjo Mia (Collab Room) | *Life Skills/Education*

The Mission Australia Local Area Coordination (LAC) Service is available to answer your questions about the NDIS and to help link you to government and community supports. Learn:

- how to access the NDIS
- how to prepare for your NDIS planning
- how to use your NDIS plan
- how to manage the budgets in your plan
- how to find and engage service providers to help you meet your goals
- how to link to other government and community services.

Tuesdays | Monthly | 7 May and 4 Jun | 12.30pm - 2.30pm | FREE

To register

Mission Australia

W: <https://tinyurl.com/y99yea6w>

E: lacsoutheastmetro@missionaustralia.com.au

Australian Citizenship Workshops

Bardip Mia (Art Room) | *Life Skills/Education*

The Australian Citizenship Workshops are designed to guide people through the various topics that are part of the Australian Citizenship Test. All are welcome.

- Australian Citizenship eligibility.
- Prepare for Australian Citizenship.
- Information and practice questions for Citizenship.

Wednesdays | Weekly | 17 Apr - 26 Jun | 10am - 11.30am | FREE

To register

Multicultural Futures

T: 9336 8282

E: hello@multiculturalfutures.org.au

Social Coding

Bardip Mia (Collab Room) | *Education*

Learn to write a Python programme in 5 weeks by building a practical FuelWatch website to help you save money on fuel. Feel free to share your own projects if any. Please bring your laptop.

Thursdays | Fortnightly | 18 Apr - 27 Jun | 5pm - 7pm | FREE

To register

W: <http://workshop.robin.com.au>

T: 0403 048 574 (Robin)

E: me@robin.com.au

Mahjong

Multipurpose Hall | *Life Skills/Wellbeing*

Friendship, fellowship and fun for active retirees. Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! If you have been looking for mates to play Mahjong. Come to join us for this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention.

Thursdays | Weekly | 18 Apr - 27 Jun | 1.30 pm - 4pm | Ticketed

To register

Culture Care WA inc.

W: bit.ly/48KmNXF

T: 0402 639 635 (Elvie)

E: info@culturecarewa.org.au

'Inspire Me'® Digital Literacy Course for Employability Skills

Computer Lab | *Digital Literacy*

Course teaches you to:

- Use the computer
- Create Word documents and resumés
- Email and internet knowledge
- Explore career pathways
- Job Search

All lesson material provided and learn at your own pace.

*FREE Course for eligible refugees and migrants who arrived in Australia in the last 5 years

Thursdays | Weekly | 18 Apr - 27 Jun | 10am - 2pm | FREE

To register

Multicultural Futures

W: <https://inspireme.org.au/>

T: 9336 8282

E: teresa.z@multiculturalfutures.org.au

Senior Dance Development (Mandarin)

Multipurpose Hall | *Life Skills/Wellbeing*

Let's move your body. 1.5 hours of moving, stretching and socializing for seniors who love fitness and dance activities. Selected senior dancers will be joining dance training for the next 1.5 hours of the day. The Mandarin speaking instructor, Ms Yan will guide you through for a choreographed traditional Chinese dance for future performances.

Thursdays | Weekly | 18 Apr - 27 Jun | 1.30pm - 4pm | Ticketed

To register

Culture Care WA inc.

W: bit.ly/3Sszsc1

T: 0402 639 635 (Elvie)

E: info@culturecarewa.org.au

IELTS English Exam Classes

Bardip Mia (Art Room) | *Education*

Are you planning to do the IELTS exam (or PTE, OET)? This class will suit people who have a reasonable level of English and can participate in conversations. Particular attention is given to speaking, writing and self-study skills. There is no set program - join at any time. Bookings essential.

Fridays | Weekly | 19 Apr - 28 Jun | 2.30pm - 4.30pm | FREE

To register

Multicultural Futures

T: 9336 8282

E: hello@multiculturalfutures.org.au

The Hero Within

Danjoo Mia (Collab Room) | *Social Connection*

Life comes with its ups and downs. We all face challenges, but it is not about the challenges. It is all about how we deal with it. Discover how some local heroes have overcome adversities and are now living out their purpose and maximising their potential. Light refreshments provided.

Saturdays | Monthly | 27 Apr and 1 Jun | 3pm to 4.30pm | FREE

To register

Design for More

W: <https://tinyurl.com/44cyxsfx>

T: 0409 205 654 (Erika)

E: erika@designformore.au

Youth Dance Group

Kaartij Mia (Training Room) | *Wellbeing*

An exciting opportunity for youth from diverse cultural backgrounds to come together, learn a captivating dance, and showcase their talents through performances.

Sundays | Weekly | 21 Apr - 26 May | 3 pm - 4 pm | Ticketed

To register

Culture Care WA Inc.

W: <https://tinyurl.com/4t5rcy8f>

T: 0402 639 635 (Elvie)

E: info@culturecarewa.org.au

Indigenous Sneakers Lab

Bardip Mia (Art Room) | *Creative*

Embark on cultural and artistic adventure with Nikkita! Join us for a creative journey into Aboriginal culture through sneaker design. Learn about indigenous patterns' significance, promote appreciation, and express artistry. Approach with respect and curiosity. Bring your sneakers or use provided ones.

Friday | One-off | 21 Jun | 10am - 11.30am | FREE

To register

City of Canning Libraries

W: <https://tinyurl.com/y2a6d929>

T: 9231 0944

E: library.services@canning.wa.gov.au



LEARNING TO LIVE TOGETHER

Deaf and Hard of Hearing Dance Class

Kaartij Mia (Training Room) | *Intercultural*

Deaf and hard of hearing Weekly Ballroom Dancing class presented in Auslan and Spoken Word. Participants who use Auslan as their first language, or who wish to practice their Auslan are encouraged to take part. Com-Guides and Support Workers are welcome. Clear and expressive hand signals, dynamic body language, and emotive facial expressions weave a dance tapestry that goes beyond just the steps.

Wednesdays | Weekly | 17 Apr - 26 Jun | 6pm - 7pm | Ticketed

To register

Ballroom Fit

W: <https://tinyurl.com/87rat9n2>

T: 0439 460 487 (Darryl)

E: info@ballroomfit.com.au

Turkish Language School for Children

Bardip Mia (Art Room) | *Intercultural*

Children's Turkish Language School is run by Turkish Australian Culture House Inc. (TACH) and is for children 4 to 12 years old. Our school aims to give children an opportunity to learn Turkish, our culture and make lifelong friends. FEES: \$150 per term per child \$225 for two children of an immediate family. Third or subsequent children are free. You are welcome to attend a trial lesson before enrolling.

Sundays | Weekly | 21 Apr - 23 Jun | 9.30am - 11.30am | FREE

To register

Turkish Australian Culture House Inc.

W: <https://tinyurl.com/ypvz9w3v>

T: 0424 628 961 (Sev)

E: info@tach.net.au

Taste of Traditions

Multipurpose Hall | *Intercultural*

An exciting new series showcasing cultures and flavours from across the world. Home cooks will share their cultural heritage through stories, traditional songs, a cooking demonstration, and meal they have prepared. Come along to celebrate diversity, learn about a culture different to your own and share a delicious meal.

Wednesdays | Monthly | 24 Apr - 17 Jul | 6pm - 8pm | FREE

To register

Raising Stars

W: <https://tinyurl.com/bde8y2j>

E: community@canning.wa.gov.au

Canning Multicultural Women's Group

Multipurpose Hall | *Intercultural*

A safe, inclusive space where women from all backgrounds can connect, explore cultures, and support each other. Enjoy food, arts and crafts, and health discussions, while building lifelong friendships. There is no cost to attend.

Wednesdays | Fortnightly | 17 Apr - 26 Jun | 10am - 12pm | FREE

To register

City of Canning

W: <https://tinyurl.com/3umbwdsf>

T: 0406 618 449 (Sabah)

E: sabsul40@gmail.com

Russian Conversation Classes

Danjoo Mia (Collab Room) | *Language Class*

The Russian School in Perth-Mosaica is running a Russian conversation class. Come take part in discussing various topics while learning Russian at the same time. All new and old friends of our club are most welcome.

Tuesdays | Weekly | 16 Apr – 25 Jun | 5pm – 6pm | Paid membership

To register

Cultural Learning Centre Mosaica Inc.

T: 0414 701 152 (Luda)

Hillview Community Dialogue Series

Multipurpose Hall | *Intercultural*

Community challenges require community solutions, and these community solutions emerge when we are in conversation with one another. The challenge is often just having the time, place, and support for it to happen – until now. Hosted by experienced facilitators from Counterbrace by DrawHistory, this community dialogue series is open to all members of the community to come together in a safe, welcoming, and encouraging space, to discuss the sometimes-difficult issues that matter to all of us. Registration is necessary as places are limited. Drinks and refreshments provided. Please see the flyer for the topic.

Wednesdays | Quarterly | 29 May | 6pm – 8pm | FREE

To register

Counterbrace by DrawHistory

W: <https://HillviewDialogue29May.eventbrite.com.au>

T: 08 9461 7186

E: hillviewhub@canning.wa.gov.au

2024 IDAHOBIT Social Inclusion Forum

Multipurpose Room | *Social Connection*

Come along to chat and connect with others in the multicultural community. No need to read a specific book or finish it by a certain time, we discuss a broad range of topics including books, literature, and life. Children 0-5 years welcome, activities for them plus morning tea for all provided.

Thursday | One-off | 16 May | 2pm - 5.30pm | Ticketed

To register

Inclusion Solutions

W: <https://tinyurl.com/yckaj3hb>

T: (08) 9443 7226 (Kimberley)

E: info@inclusionsolutions.org.au

Voices of World Ensemble

Multipurpose Hall | *Intercultural*

Calling music lovers of all genders and ages! No prior music knowledge is required. Voices of World Ensemble will transport you on a magical journey. We are a unique choral group with musical instruments in WA. Experience music from different cultures, countries, and languages. Benefit from the positive impact of music on your body and mind's health. Meet people from diverse backgrounds. Share your cultural heritage. Expand your singing skills and music knowledge with our experts. Gain from performing alongside professional musicians. Perform in the WOWS Multicultural Music and Dance Festival series.

Thursdays | Weekly | 18 Apr - 27 Jun | 6pm - 8pm | Paid membership

To register

Women of World Stage WOWS Inc. (WOWS)

W: <https://www.wows.org.au/>

T: 0417 684 257 (Feliz Shah)

E: admin@wows.org.au

Sewing with Love Series

Kaartij Mia | *Intercultural*

Learn hands-on skills and industry-standard processes from pattern tracing to fabric cutting, sewing techniques, and finishing touches, making a Stylish Nepalese Bag, a Stylish Canadian Smocked Cushion, and learn about sewing machine operation.

Wednesday | Various dates | 17 Apr – 8 May | 9.30pm - 12.30pm | FREE

To register

City of Canning Libraries

W: <https://tinyurl.com/rdszekk7>

T: (08) 9231 0944

E: library.services@canning.wa.gov.au

People Helping People: New Year - New You 2024 Series

Multipurpose Hall | *Cooking*

In Term 2, we will have a variety of special guests join us to explore and educate us on food and spices from around the globe. We also offer free food hampers, without judgement, to those that may need extra assistance. Come share your ideas, learn something new, meet new people and share in the excitement of new possibilities in our New Year – New You series. Everyone is welcome – all ages and abilities!

Fridays | Weekly | 19 Apr – 28 Jun | 10am – 1pm | FREE

To register

People Helping People International Ltd.

Walk-ins, all are welcome

W: www.phpinternational.com.au

T: 0461 588 380 (Judy Potter)

E: peoplehelpingpeople@outlook.com.au

Celebrating the richness of Nepali culture

Multipurpose Hall | *Intercultural*

This is the fifth event in the cultural sharing series hosted by Victoria Park Centre for the Arts. A family friendly event celebrating the richness of Nepali culture. All welcome!

This event is presented by the Nepali Association of Western Australia (NAWA) Inc and will include:

- Nepali dance
- Nepali music
- Cultural presentation
- Sample of traditional food
- Ticket includes a complimentary soft drink

Sunday | One-off | 23 Jun | 4pm – 6pm | Ticketed

To register

Victoria Park Centre for the Arts

W: <https://tinyurl.com/you9cuypt>

T: 0434 204 422 (Maria)

E: kyc_admin@victoriaparkarts.org.au

Bollywood Fitness Dancing Classes

Multipurpose Hall | *Wellbeing*

A lively and energetic class where you learn this amazing dance style inspired by Bollywood films and find out how hand, neck and head movements, facial expressions and costumes create a fusion of dance and theatre. Everyone is welcome.

Sundays | Fortnightly | 21 Apr – 16 Jun | 11am – 12pm | FREE

To register

Federation of Indian Associations of WA Inc.

W: fiawa.org.au

T: 0401 717 438 (Sai) / 0406 115 512 (Narendra)

Young Onset Dementia Music Workshop

Multipurpose Hall | *Intercultural*

YoDyssey -Attuned Health presents a music workshop for people living with Young Onset Dementia (YOD). This event is a song-writing based group experience with some singing and percussion instrument playing thrown in to improve group connection and mood. We will record the song on the day with participants consent.

Young Onset Dementia is defined when symptoms develop before 65 years of age.

Sunday | One-off | 26 May | 10am – 12pm | Ticketed

To register

YODyssey – the Art of Living Well with Young Onset Dementia

W: <https://tinyurl.com/3yx47k5u>

T: 0439 992 319 (Maree)

E: mareelaffan@hotmail.com.au

KUPONYA: Culturally Guided Healing

Bardip Mia (Art Room) / Multipurpose Hall | *Wellbeing*

KUPONYA by MOJA MOVEMENT combines the best of diverse culturally guided and inspired healing practices/approaches whilst fusing functional recovery, storytelling, biomechanical movement, yoga, mindful embodiment, and music/art/dance therapy to support participants in a 3-part series of interactive workshops.

In each KUPONYA session we focus on different elements of HEALING, in cross-culturally facilitated workshops that practically support and hold space for people to show up in their authenticity and journey closer to who/where they'd like to be. Come to one or multiple, all are welcome.

Sundays | Monthly | 14 Apr - 9 Jun | 1.15pm - 4.15pm | Ticketed

To register

W: <https://linktr.ee/mojamovement>

T: 0451 996 157 (Imara).

E: contact@mojamovement.com

Ireland | A celebration of Irish Culture

Multipurpose Hall | *Intercultural*

CA family friendly event celebrating the richness of Irish culture. All welcome! The event will include traditional music and dance:

- Celtic Academy Irish Dancers
- Robert Zielinski Duo | Irish fiddle and wooden flute
- Cultural presentation
- Sample of traditional food
- Learn basic dance steps
- Ticket includes a complimentary soft drink

Sunday | One-off | 21 Apr | 4pm - 6pm | Ticketed

To register

Victoria Park Centre for the Arts

W: <https://tinyurl.com/3bnnnb35>

T: 6454 1803

E: kyc_admin@vicparkarts.org.au

Somali Language Classes

Bardip Mia (Art Room) | *Language Class*

Students get to learn the basic academic Somali language and wellbeing. A place where students feel a sense of belonging, connection with their peers and community as well as learning from their teacher. All ages are welcome. Classes are growing so booking is essential.

Sundays | Weekly | 21 Apr - 23 Jun | 5pm - 7pm | FREE

To register

Somali Support Perth Inc.

T: 0466 696 558 (Luul)

E: somaligroup229@gmail.com



Danjoo Mia (Collab Space)

The Danjoo Mia collaboration space is located on the First Floor of the Hillview Intercultural and Community Centre. The space is 42msq with a capacity of 20 to 35 people depending on furniture layout. Ideal for meetings and collaboration this space can be utilised for the delivery of a wide range of community workshops and gatherings, this is the perfect space to develop new ideas and work together or host social interactions in small groups.

The room includes a smart screen and easily accessibility to the foyer kitchenette. Featuring hard flooring and flexible furniture to suit your needs:

- 16 chairs and compatible trolleys for easy use
- 2 x 8 person capacity co-working tables (1000mm and 720mm high)

Learn more at canning.wa.gov.au/hillviewhub



Kaartij Mia (Training Room)

The Training Room is located on the First Floor of the Hillview Intercultural and Community Centre. The space is 58msq capacity of 35 - 50 people depending on furniture layout and ideal for professional training and large meetings.

Featuring hard flooring and flexible furniture to suit your needs.

The room includes tables and chairs as outlined below:

- 36 chairs and compatible trolleys for easy use
- 9 x rectangle trestle tables

Learn more at canning.wa.gov.au/hillviewhub



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Group**



**To book a space, visit
[https://www.spacetoco.com/host/
hillview-intercultural-community-centre](https://www.spacetoco.com/host/hillview-intercultural-community-centre)**



**CITY OF
CANNING**

Hillview
Hub

1-3 Hill View Place, Bentley

Alternative versions of this document can be made available on request, including languages other than English.

Hillview Intercultural Community Centre Team
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