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### **TERM 2 2025** MON 28 APR - FRI 4 JUL

The Hillview Intercultural Community Centre's vision is to enable our diverse community to thrive through creating a place where people from all backgrounds can come together to connect with each other, share their culture, learn new skills and access opportunities that help them to reach their potential. UNITY

This program is current as of April 2025. An up-to-date listing of events and programs can also be found at **canning.wa.gov.au/hillviewhub** 

### **Open Hours:**

Monday 9.30am-5pm Tuesday 9.30am-5pm Wednesday 9.30am-5pm Thursday 9.30am-5pm Friday 9.30am-5pm Saturday Closed Sunday Closed

Bookings without staff support from 7am-10pm, 7 days a week. No amplified sound after 9pm.

All booking information and requests through Spacetoco canning.wa.gov.au/hillviewbookings

### The Hillview Intercultural Community Centre

Canning is one of WA's most culturally diverse local government areas with 50.9% of residents born overseas and 42.8% speaking a language other than English at home. Additionally, 22% of overseas born residents have lived in Australia for less than five years.

Bentley is one of our most diverse suburbs, with 63.1% born overseas and 45.2% speaking a language other than English at home.

The Centre delivers on the City of Canning's Learning City Strategy. In line with the UNESCO Learning City model, activities in this program are categorised based on the four pillars of learning:

LEARNING TO BE	Invest in your health, wellbeing and personal development.
LEARNING TO DO	Nurture your leadership skills, discover new talents, explore entrepreneurship and enhance your employability.
LEARNING TO KNOW	Build your knowledge and skills in a range of areas and feed your passion for lifelong learning.
LEARNING TO LIVE TOGETHER	Build new connections, participate in intercultural experiences and get involved in community projects.

## What's Happening This Term at Hillview

Please see detailed program information included in this brochure.

222	Program Title	Program Times	Frequency	Dates	Page
MONDAY	Meditation for Inner Peace	7.30pm - 9pm	Weekly (Four Week Course)	5, 12, 19, 26 May	8
	Click and Learn	10.30am - 1pm	Monthly	19 May and 30 June	14
	TechCare Sessions	10.30am - 11.30am and 12pm - 1pm	Fortnightly	28 April - 23 June	17
	Creative Cultural	<mark>9.</mark> 30am - 12pm	Fortnightly	5 May - 30 June	20
TUESDAY	Conversational English Classes	10am - 12pm	Weekly	29 April - 1 July	15
	Russian Conversation Classes	5.30pm - 7.30pm	Weekly	29 April - 1 July	18
WEDNESDAY	Grandcare Support Group	10am - 12pm	Monthly	7 May and 4 June	7
	Reach Her Creative and Wellbeing Program	10am - 12pm	Fortnightly	30 April - 25 June	10
	Australia Citizenship Workshops	10am - 11.30am	Weekly	7 May - 2 July	16

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1333	Program Title	Program Times	Frequency	Dates	Page
THURSDAY	In-Person Peer Support for Carers	10am - 12pm	Fortnightly	24 April - 3 July	7
	Open Craft and Arts Community Group	1pm - 4pm	Weekly	1 May - 19 June	10
	Sewing with Love: Machine Operation	9.30am - 12.30pm	One-Off	22 May	11
	Sewing with Love: Over-locker Operation	9.30am - 12.30pm	One-Off	29 May	11
5	Mahjong	1pm - 4pm	Weekly	1 May - 3 July	14
Ŧ	NDIS Drop-in Session	12.30pm - 2.30pm	Monthly	1 May, 3 June and 1 July	15
	Social Coding	5pm - 7pm	Weekly	1 May - 3 July	16
	Heart Support Australia	6pm - 7pm	Monthly	15 May, 19 June and 10 July	19
FRIDAY	Walk-In Workshops - Sewing, Handicraft and Making Something Amazing	12.30pm - 3.30pm	Monthly	9 May and 13 June	12
	Somali Language Class	5pm - 7pm	Weekly	2 May - 4 July	18
SATURDAY	Chess Lessons for Beginner, Intermediate and Advanced Players	9am - 10 <mark>am</mark>	Weekly	3 May - 28 June	12
	Noongar Language and Cultural Class for Adult Beginners	9.45am <mark>- 11am</mark>	Monthly	10 May and 14 June	19
SUNDAY	Sound Healing with Affirmation	5pm - 6p <mark>m</mark>	Fortnightly	27 April - 29 June	8
	Turkish Language School for Children	9.30am - 12.30pm	Weekly	4 May - 29 June	20
	Andes   A celebration of Andean Culture	<mark>4pm - 6</mark> pm	One-Off	25 May	21

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Transcend cultural differences, foster empathy and break down barriers in our community.

### LEARNING TO BE

### **Grandcare Support Group**

Danjoo Mia (Collab Room) | Wellbeing

The Grandcare program connects and supports grandparent carers with full-time primary care of their grandchildren across Western Australia. Grandparent carers can gain a helping hand to ensure their family is healthy, happy, and safe. Grandcare can assist in connecting with other Grandcarers at Monthly support groups, understanding and accessing community resources and services available to them, gaining guidance regarding their role as a carer, and accessing activities and other events for them and their grandchildren.

### Wednesdays | Monthly | 7 May, 4 June | 10am - 12pm | FREE

To register Wanslea Ltd W: <u>wanslea.org.au/programs/grandcare</u> T: 1800 794 909 E: grandcare@wanslea.org.au

### **In-Person Peer Support for Carers**

Bardip Mia (Art Room) | Wellbeing

The In-Person Peer Support (IPPS) program is a space where carers come to share their unpaid carer experience, learn from others, and develop a supportive network. Carers who connect with their peers develop a sense of empowerment and understanding and reduce feelings of social isolation. Within these sessions, carers are encouraged to proactively develop self-care skills, build capacity, and share their experiences in a safe and supportive environment.

\*Please register with Carers WA to attend\*

### Thursdays | Fortnightly | 24 April - 3 July | 10am - 12pm | FREE

To register Carers WA W: <u>carerswa.asn.au</u> T: 1300 227 377 E: IPPS@carerswa.asn.au

### **Meditation for Inner Peace**

Kaartij Mia (Training Room) | Wellbeing

Meditation is the art of calming one's mind, allowing the positive qualities of peace, love and joy to inundate the entire being, giving the participant a lasting sense of deep satisfaction and well-being. Simple techniques such as correct breathing, concentration, visualisation and mantra are taught and discussion on how to integrate meditation into a daily practise. Instructors are long time students of meditation master Sri Chinmoy who dedicated his life to the betterment of humankind.

### Mondays | Four-Week Course | 5, 12, 19, 26 May | 7.30pm - 9pm | FREE

To register Sri Chinmoy Centre W: <u>meditationperth.org/classes</u> T: 0468 886 040

### **Sound Healing with Affirmation**

Kaartij Mia (Training Room) | Wellbeing

Come and join us for a series of workshops to improve relaxation with affirmation. These workshops utilise the Tibetan sound bowls which have been used for centuries in meditation and healing practices. They produce rich, resonant tones that creates a peaceful atmosphere which calm the mind and body. The workshops help to reduce stress, anxiety, as well as promote emotional healing and well-being.

Sunday | Fortnightly | 27 April - 29 June | 5pm - 6pm | FREE

To register Brahma Kumaris Australia Huntingdale W: <u>tinyurl.com/BKAHuntingdale</u> T: 0451 875 748 (Raajen) / 0433 348 517 (Subraa) E: huntingdale@au.brahmakumaris.org



### **LEARNING TO DO**

### **Open Craft and Arts Community Group**

Kaartij Mia (Training Room) | Wellbeing

This is a self-directed crafts & arts group. We focus on upscaling, using recycled and inexpensive materials. Ideas are welcome and shared, within a safe, positive, and welcoming environment.

Learn an interesting and fun skill each week and/or bring in your own materials and projects to work on. A place to explore your creativity, whilst connecting with people in your community.

### Thursday | Weekly | 1 May - 19 June | 1pm - 4pm | FREE

To register E: noirebaa@yahoo.com

### **Reach Her Creative and Wellbeing Program**

Bardip Mia (Art Room) | Life Skills

Reach Her Inc.'s programs exist to support and empower women from diverse backgrounds to improve their confidence and mental and physical well-being and help create a sense of belonging by helping them enter employment. Join us for workshops ranging from creative art and cooking to business training, education, and pre-employment for career pathways.

### Wednesdays | Fortnightly | 30 April - 25 June | 10am - 12pm | FREE

**To register** 

Reach Her Inc. W: <u>tinyurl.com/ReachHer</u> T: 0414 312 079 (Maryann Tsai) E: info@reach-her.com

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### **Sewing with Love: Machine Operation**

Kaartij Mia (Training Room) | Creative

This course is designed for beginners who have never used a sewing machine, to explore the possibilities of how useful the skills would be for a broad range of tasks for example alterations, repairs etc. It will provide 'hands on' skills and knowledge regarding the correct use and maintenance of the sewing machine. By the end of the course, you will be able to operate a sewing machine and practice various stitches.

### Thursday | One-Off | 22 May | 9.30am - 12.30pm | FREE

To register City of Canning Libraries W: <u>eventbrite.com.au/e/1250963007029</u> T: 9231 0944 E: library.services@canning.wa.gov.au

### Sewing with Love: Over-locker Operation

Kaartij Mia (Training Room) | Creative

This course is designed for beginners who have never used an over-locker machine, to explore the possibilities of how useful the skills would be for a broad range of tasks for example alterations, repairs etc. It will provide 'hands on' skills and knowledge regarding the correct use and maintenance of the over-locker machine. By the end of the course, you will be able to operate a over-locker machine and practice various stitches.

### Thursday | One-Off | 29 May | 9.30am - 12.30pm | FREE

To register City of Canning Libraries W: <u>eventbrite.com.au/e/1250964100299</u> T: (08) 9231 0944 E: library.services@canning.wa.gov.au

### Walk-in Workshops - Sewing, Handicraft and Making Something Amazing

Kaartij Mia (Training Room) | Life Skills

These workshops are designed to bring together the community from all cultures and walks of life to chat, learn, share, and connect. You can bring along your projects to work on, repair, alter, re-wear and repurpose, seek advice, learn, or share stories or crafts from your culture with others. Remember, it is your Community Hub, and we all have something to share!

### Fridays | Monthly | 9 May, 13 June | 12.30pm - 3.30 pm | FREE

To register W: <u>eventbrite.com/cc/3019599</u> T: 0466 977 172 (Zuzana) E: Shamsasadik1@gmail.com

# **Chess Lessons for Beginner, Intermediate and Advanced Players**

Bardip Mia (Art Room) | Mentoring

Join Teh Chess Academy!

Start your chess journey or level up your skills with lessons for Beginners and Intermediate/Advanced players. Limited slots available! Sharpen your strategy and improve your game with expert guidance.

### Saturdays | Weekly | 3 May - 28 June | 9am - 10am

To register trybooking.com/DADCZ

Contact Teh Chess Academy W: <u>tehchess.com</u> T: 0450 790 325 E: tehhuilam@gmail.com



### LEARNING TO KNOW

### Mahjong

Bardip Mia (Art Room) | Wellbeing

Friendship, fellowship, and fun for active retirees. Chinese Mahjong is a game of skill, strategy, calculation, and to a certain degree, luck! If you have been looking for mates to play Mahjong, come join us for this intriguing brain game. It is fun to play and stimulates the brain; enhancing memory and attention.

### Thursdays | Weekly | 1 May - 3 July | 1pm - 4pm | Free

### **To register**

Culture Care WA Inc. T: 0402 639 635 E: info@culturecarewa.org.au

### **Click and Learn**

Computer Lab | *Digital Literacy* 

The "Click-Learn" series of workshops introduces participants to fundamental computer concepts, ensuring a safe and informed online experience. These workshops cover a range of digital literacy topics, which include:

- Monday 19 May Computer Keyboard Shortcuts
- Monday 30 Jun Word processing for Beginners

### Monday | Various | 19 May, 30 June | 10am - 12pm | FREE

### To register

City of Canning Libraries W: May 19 - <u>keyboardshortcuts.eventbrite.com.au</u> June 30 - <u>wordforbeginners.eventbrite.com.au</u> T: (08) 9231 0944 E: library.services@canning.wa.gov.au

### **Conversational English Classes**

Multipurpose Hall | Language Class

Join our free conversational English classes open to everyone in the community. The focus is on teaching practical English skills that you can use every day, with lots of chances to practice in a friendly environment.

### Tuesdays | Weekly | 29 April - 1 July | 10am - 12pm | FREE

### To register

Connect Christian Church T: 0448 097 861 (Tasma)

### **NDIS Drop-in Session**

Danjoo Mia (Collab Room) | Education

The Mission Australia Local Area Coordination (LAC) Service is available to answer your questions about the NDIS and to help link you to government and community support. Learn:

- how to access the NDIS
- how to prepare for your NDIS planning
- how to use your NDIS plan
- how to manage the budgets in your plan
- how to find and engage service providers to help you meet your goals
- how to link to other government and community services.

### Thursday | Monthly | 1 May, 3 June, 1 July | 12.30pm - 2.30pm | FREE

### **To register**

W: <u>events.humanitix.com/lac-in-the-community</u> E: lacsoutheastmetro@ndis.gov.au

### Australia Citizenship Workshops

Kaartij Mia (Training Room) | Education

The Australian Citizenship Workshops are designed to guide people through the various topics that are part of the Australian Citizenship Test. All are welcome. Open to everyone, these sessions will help you:

- Understand Australian Citizenship eligibility.
- Prepare effectively for your Citizenship journey.
- Access information and practice questions for the Citizenship Test.

### Wednesdays | Weekly | 7 May - 2 July | 10am - 11.30am | FREE

### To register

Multicultural Futures T: 9336 8282 E: hello@multiculturalfutures.org.au

### **Social Coding**

Danjoo Mia (Collab Room) | Education

Join our social coding course and learn how to write a python program while building a FuelWatch website to help you save on fuel costs. Participants are welcome to share their projects. Please bring your laptop for this hands-on learning experience. Whether you're a beginner or experienced, everyone is welcome!

### Thursdays | Weekly | 1 May - 3 July | 5pm - 7pm | Free

To register W: workshop.robin.com.au T: 0403 048 574 (Robin) E: me@robin.com.au

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### **TechCare Sessions**

Computer Labs | Digital Literacy

Come along to one of our Digital Support Sessions designed to help you confidently navigate essential computer-based tasks. Whether you're looking to send emails, complete online forms\*, or explore basic Microsoft Office tools, our friendly team is here to support you every step of the way.

- What We Can Help You With:
- Completing online forms (e.g., applications, registrations)
- Sending and organising emails
- Attaching and managing documents
- Finding products, services, or information online
- Creating flyers or basic documents
- Using Microsoft Word and Excel for simple tasks

\*Important Note: Due to our policy on safeguarding sensitive information, we are unable to assist with online banking, financial activities (e.g., online shopping), or any tasks involving personal financial data.

### Mondays | Fortnightly | 28 April - 23 June | 10.30am -11:30am, 12pm - 1pm | FREE

### **To register**

City of Canning Libraries W: eventbrite.com/cc/techcare-digital-support-sessions-3907233 T: (08) 9231 0944 E: library.services@canning.wa.gov.au

### LEARNING TO LIVE TOGETHER

### **Russian Conversation Classes**

Danjoo Mia (Collab Room) | Dance

Join the Russian School in Perth-Mosaica for engaging Russian conversation classes. Participate in discussions on various topics while learning or improving your Russian language skills. Whether you are a newcomer or a long-time member, everyone is welcome!

### Tuesdays | Weekly | 29 April - 1 July | 5.30pm - 7.30pm | Ticketed

To register Cultural Learning Centre Mosaica Inc W: <u>mosaicawa.com/en</u> T: 0414 701 152 (Luda)

### Somali Language Classes

Bardip Mia (Art Room) | Language Class

Learn basic academic Somali and well-being skills in our classes. Experience a sense of belonging and connect with peers and the community while guided by an experienced teacher. Suitable for all ages, our classes are growing, so booking is essential. Secure your spot and begin your Somali language and culture journey today!

### Fridays | Weekly | 2 May - 4 July | 5pm - 7pm | FREE

### **To register**

Somali Support Perth Inc. T: 0466 696 558 (Luul) E: somaligroup229@gmail.com

# Noongar Language and Cultural Class for Adult Beginners

Kaartij Mia (Training Room) | Lifeskills / Wellbeing

Come and join us for this informative and engaging Noongar Language and Cultural Class hosted by Marie Taylor, a Traditional Owner and Elder of Noongar Country.

Marie has a wealth of knowledge and is an emotive storyteller who brings the language of the Noongar people to life.

Come and expand your knowledge, try a new language and connect with local culture at this great opportunity for beginners to learn the language of the first people of South Western Australia. These sessions are free for the community to attend.

### Saturdays | Monthly | 10 May, 14 June | 9.45am - 11am | FREE

### To register

W: noongarlanguagecultureclass.eventbrite.com.au T: (08) 9231 0944 E: library.services@canning.wa.gov.au

### **Heart Support Australia**

Danjoo Mia (Collab Room) | Dance

Do you live with heart disease and need to talk to people like you? Our peer group navigates the maze of heart disease and medical interventions by sharing lived experiences, concerns, fears, and management techniques. Regular participation provides feelings of belonging, improved confidence, and better physical and mental health. We discuss a topic each month and may have guest speakers.

# Thursdays | Monthly | 15 May, 19 June, 10 July | 6pm - 7pm | FREE (no RSVP needed)

### **To register**

Heart Support Australia (Bentley Peer Support Group) W: <u>tinyurl.com/HSAinBentley</u> T: (02) 6253 0097 (head office ACT) E: faybee66@yahoo.com.au

### **Creative Cultural Conversation**

Kaartij Mia (Training Room) | Connection to Country

Calling for women from all different backgrounds to join us in these interactive workshops, creating new pathways for communities to communicate and get to know each other best through art and craft. Meet like-minded women and get inspired to thrive.

The "Creative Culture Conversation" program is a safe space to get more cultural awareness directly from the people of the culture and stay active.

Monday | Fortnightly | 5 May - 30 June | 9.30am - 12pm | Ticketed

### **To register**

IKNOW. Knowledge Is Power T: 0406 514 497 (Rasha)/ 0450 413 273 (Sara) E: register@iknowinc.org.au

### **Turkish Language School for Children**

Kaartij Mia (Training Room) | Language Class

The Children's Turkish Language School, run by Turkish Australian Culture House Inc. (TACH), offers kids aged 4 to 12 a chance to learn Turkish, explore our rich culture, and make lifelong friends. The program fosters language skills and cultural understanding in a supportive environment, helping children connect with their heritage and build lasting friendships. Classes are open to all children from all backgrounds. Trial lessons are FREE.

Sundays | Various | 4 May - 29 June | 9.30am - 12.30pm | Ticketed

To register Turkish Australian Culture House Inc. W: <u>tach.net.au</u> T: 0424 628 961 (Sev) E: info@tach.net.au

### Andes | A Celebration of Andean Culture

Bardip Mia (Art Room) | Wellbeing

The Victoria Park Centre for the Arts is partnering with Hillview Intercultural Community Centre to deliver a series of cultural sharing events for neighbours, residents and the community. Our May gathering is a family friendly event celebrating the richness of Andean culture. This event is presented by the Huaira performance group and will include:

- Andean music
- Andean dance
- Cultural presentation

### Sunday | One-off | 25 May | 4:00-6:00pm | Ticketed

General Admission: \$10 | Seniors: \$5 |Children (under 16 years): \$5

### **To register**

Victoria Park Centre for the Arts W: events.humanitix.com/andes-or-a-celebration-of-andeanculture/tickets





### **Bardip Mia (Art Room)**

The art room is ideal for art classes, messy activities, training, and meetings. Capacity is 50 people. 40 people for a theatre or classroom layout. 30 people for sitting down at tables

The room features:

- Flexible furniture
- Small kitchenette and wet room
- A digital smart screen
- 40 chairs and 15 square tables

Learn more at canning.wa.gov.au/hillviewhub



### Kaartij Mia (Training Room)

The Training Room is great for training sessions and meetings. Capacity is 50 people, 40 people for a theatre or classroom layout and 35 people for sitting down at tables.

The room features:

- Flexible furniture
- Small kitchenette
- A digital smart screen
- 36 chairs and 9 rectangle trestle tables (1600mm wide x 750mm depth)

Learn more at canning.wa.gov.au/hillviewhub





Subscribe to our Newsletter Join our Facebook Group



To book a space, visit spacetoco.com/host/hillviewintercultural-community-centre



1-3 Hill View Place, Bentley

Alternative versions of this document can be made available on request, including languages other than English.

Hillview Intercultural Community Centre Team P 08 9461 7186 | E hillviewhub@canning.wa.gov.au

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